

VASECTOMY – A CUT ABOVE THE REST



Vasectomy is the most effective method of birth control, besides abstinence. During vasectomy, a urologist closes or blocks the two tubes (vas deferens) that carry sperm. This blocks sperm from leaving the body and causing pregnancy.

500,000

Number of men in the U.S. per year who have a vasectomy



1897

Year the first vasectomy was performed in the United States

1

Number of weeks you should avoid heavy lifting after procedure



20

Number of minutes it typically takes for the doctor to perform the procedure

1-2

Number of days it usually takes before you can return to work after a vasectomy



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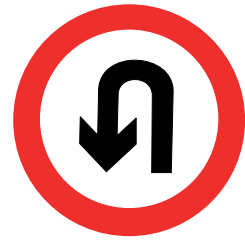
3

Number of months most urologists will suggest waiting to check the semen (or 20 ejaculates, whichever comes first) to see if you're sperm-free



0

How low your sperm count must be before you don't need any other method of birth control



As many as

10%

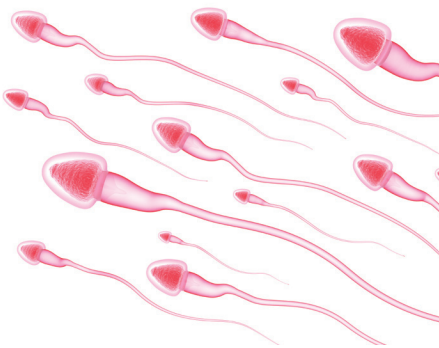
of men who get a vasectomy later seek a reversal, in which the doctors reconnects the two tubes that were closed

10+

Number of years the great majority of men who seek a vasectomy have been married.

4-12

Number of months it can take for your partner to get pregnant after vasectomy reversal



50,000

rate per hour at which sperm are produced in the testes

